2023/24 ANNUAL TEACHING PLANS: DANCE STUDIES: GRADE 10 (TERM 1)



TERM 1	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	WEEK 11
REVISED CAPS	Orientation		Seven weeks of tea				te a detailed weekly pla			Two weeks for asses	
CHAPTER 4 • CONTENT		e-knowledge in GET	1	AL DANCE CLASS A	ND INTEGRATED THEC	ORY THEORY	AREAS: Learners to writing/discussing in the pra	te about each area o		SBA – TASK 1:	
CONCEPTS SKILLS & COMPETENCIES VALUES & ATTITUDES	Orientation into the requirements for te lintroduction to each Code of conduct respond with Attitudes/ Dance co Grooming Attendance during after school Own practice and Providing textbook additional notes & OTHER AREAS TO IN Make allowance for styles namely: Vis	erm 1 ch of the topics equired in grade 10 to learners values nventions g & additional lessons self-development ks, task books, resources, etc. ICLUDE: or different learning ual, auditory, reading	Developing complete the control of the control	ponents of fitness: Proses of good posture, stance velop balance & control g exercises for arms, to elling exercises stretching exercises: S SATION ers to the purpose and ities to include: of develop self-confidence range of music/genre of props etc. using da	e, alignment: bl torso, legs, and feet etc. Safe stretching function of improvisation ace & trust in peers es/accompaniment ance elements	Lear about the Reflex what what the Reflex what the Refle	Set a test paper & marking guideline on content covered in term 1. The test should include 2 sections The marking guideline must show the breakdown of cognitive levels required in CAPS revised chapter namely: Low marks = 30% - recall of content Medium marks = 40% - explaining/describing content High marks = 30% - applying to real life scenarios/situations, etc. The marking guideline must reflect the expected answers, as well as allow for learners' own interpretation/alternative answers AREAS THAT COULD BE INCLUDED IN THE TERM TEST:				
REQUISITE PRE- KNOWLEDGE	4-types-of-learning can-support-them One task book per to use from grade Class registers to and progress NOTE: Grade 10 learn might come with no pri from taking the subject	inghouse.com/post/the- g-styles-and-how-you- r learner thick enough 10–12 monitor attendance ers may not have experier or knowledge of the subject if they have a keen interest dance experience and knowledge of the subject	Why people dan Start a glossary understanding med dance in the GET pot. These learners may not in dance	nce (basic functions, e of specific dance term	.g., social, career, entertaninology based on topics COMPETENCY FRAME At this level, learners shin real life contexts. Tear	EWORK: ould be introduced to chers should adapt to lity towards the subjectively attitudes: To be focus	the content knowledge the real life scenarios/situation to create a self-learning	SECTION A: What is a warm-up/cool down? Explaining posture, stance & alignment SECTION B: Reflection on improvisation activities Why do people dance? What has been learnt about other skills that are included in dance – values, attitudes, etc. EVALUATION TASK = 50 MARKS (minimum requirement) This is not a practical test, but a teacher evaluation of each learner's attitude, values & skills learnt in term 1. Refer to the CAPS revised chapter 4 for guidance on what is to be assessed & how marks will be awarded.			
RESOURCES TO ENHANCE LEARNING	 Teacher's guide CAPS revised chate Learner notes and Task books (for learner) 	l worksheets		nas been altered in pla		<u>'</u>				Create a marking rubric at Assessment criteria shoul learners at the start of the part of their development AREAS THAT COULD BE EVALUATION TASK RUBF Application of the cool Greeting of teach Appreciation Grooming Development & impro Interest in the subject	the start of term. d be communicated with term as it is an essential NCLUDED IN THE TERM 1 RIC: de of conduct:

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2023/24 ANNUAL TEACHING PLANS: DANCE STUDIES: Grade 10

TERM 1	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	WEEK 11	
INFORMAL	ASSESSMENT FOR L	EARNING								important to your school context		
ASSESSMENT,	Instructions/Corre	ections provided during pra	ctical & improvisation cl	asses to deepen learni	ng, understanding, and	guide improvement						
REMEDIATION	Focus on targeted	d learning – where are the										
	Can learners link	areas across content and t										
	 Marking written w 	ork regularly in learner tas										
	 Identifying learner 	rs with learning barriers & a	addressing this with the	school for remediation								
	 Additional classes 	s after school to provide time	e for the topics as need	ded								
	 Creating a Whats. 	App group to send importa	nt messages, homewor	k, reminders, lessons &	encouragement to lear	rners						
SBA FORMAL	TASK 1:											
ASSESSMENT		ks (minimum requiremen										
	Evaluation task on ea	ach learner = 50 marks (n	ninimum requirement)									

2023/24 ANNUAL TEACHING PLANS: DANCE STUDIES: GRADE 10 (TERM 2)

TERM 2	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	WEEK 11		
REVISED CAPS	Orientation	Eight weeks of t	eaching and learning	NOTE: Techers are	required to create a det	ailed weekly planner fo	or their school conte	ct		Two weeks for assessr	ments		
• CONTENT	Feedback on the evaluation task and term written test	Consolidation of term Warm-up: Further		eased focus on the foll		s, correct posture,	after experiencin Appropriate of	: Learners to write about ng/discussing in the practical dance environment: Corre	ctical class ct floor, temperature,	SBA – TASK 2: WRITTEN TEST = 80 Marequirement)	ARKS (minimum		
• CONCEPTS • SKILLS & COMPETENCI ES • VALUES & ATTITUDES	 Action plan developed for gaps in content coverage and work not completed by learners Providing learners with the PAT brief/and marking guideline. Explanation of PAT choreography to be 	Introduction to pr Technical exercise Steps & combination	ents of fitness: Core state rinciples/characteristics/s ses in the dance major: C ations across space to de	tyle of the dance major Correct use of head, and velop neuromuscular s	ms, legs and feet, safe lan		Defining comendurance a in the dance Technique: I Posture, star and spotting Reflection or development Dance termin	Defining safe dance praction nce, alignment, correct use on what has been learnt in t	stability, strength, rstanding of their role ces: e of feet, safe landing echnical class – own	Set a test paper & marking guideline on content covered in term 2 The test should include 2 sections The marking guideline must show the breakdown of cognitive levels required in CAPS revised chapter 4 namely: Low marks = 30% - recall of content Medium marks = 40% - explaining/describing content High marks = 30% - applying to real-life scenarios/			
	done over 2 terms: • Process in term 2 • Product in term 3	II .	ESS <u>Guided improvisa</u>	tion activities accord	ing to BRIEF in preparat	ion for	Learners to write	ONENT = 25 marks		situations, own opinior			
	OTHER AREAS TO INCLUDE:	choreography in ter PRACTICAL COMP Experimenting with d		me/force)				e practical class in relati dance elements and how following:		answers as well as allo interpretation/alternation	w for learners' own		
	Make allowance for different learning styles namely: Visual, auditory,	Exploring motifs & ge	estures/everyday movem	ents to create message	es/meaning through move nting different ways in whi		How ide activities	as were developed through	gh improvisation	AREAS THAT COULD E 2 WRITTEN TEST: SECTION A:	BE INCLUDED IN THE TERM		
	reading and writing, kinaesthetic learning https://www.teaching house.com/post/the-	Developing decis	different music/accompa sion-making skills: Select ers/self-management/acc	ing appropriate ideas/r	on in term 3 novements for use in term	3 product	what stil	dness for creating a danc Il needs to be done n of music/accompanime	nt	 What is an appropriate dance environment Defining components of fitness (core stability, strength, flexibility, endurance) 			
	4-types-of-learning- styles-and-how-you- can-support-them		STORY AND LITERACY f dance: Cultural dance a	nd theatrical dance	Working with others/self-management/preparedness					Explaining safe dance practices Describing safe stretching & relaxation techniques			
	One journal for the PAT written section. This could be used over the 3-year FET	Viewing a profes	ssional dance work – thi	s does not have to be		t and should be in the		nd suitable for grade 10 d be able to relate own da		Improvisation and	ements (space, time, force) reflection on PAT process or		
	period		oing the glossary of spec	ific dance terminology	based on topics 1-3 in ten	m 2				Describing different	entifying dance elements nt dance forms		
REQUISITE PRE- KNOWLEDGE	and class etiquette	nce conventions, code of	conduct At this should	adapt this to real-life s	be introduced to the contection cenarios/situations. This	should show developm	nent from term 1, plus	period to apply in real-life s address the following a		=	work viewed and analysed		
	Basic awareness of spa relation to others Recall of classwork done		• SI	kills: Use of technology	d application of code of co and creativity des: Team player and pre	·	ent			Develop a marking rub concepts, skills & com	petencies to be assessed &		
	Knowledge of improvisa Understanding of topic 3	ation	• Al	low learners a choice of	of how to develop their PA bjects for the PAT, e.g., La	T journals, e.g., online jo	chapter 4 The focus should be pr	rded. Refer to CAPS revised roviding feedback to learners					
RESOURCES TO ENHANCE LEARNING	As in for term 1, plus: Music selection for class Video for analysis of a p	orofessional dance work	appropriate to dance maj	or	Cell phones and	oping visual literacy and access to school internet assessment task docu	for improvement The test could consist of: TECHNICAL CLASSWORK: Recall of technical set class						
	Stimuli to inspire ideas f	ior PAT BRIEF (props, po	perris, dooks, pictures, vi	ieos)	grade IV FAT B	MLI							

TERM 2	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	WEEK 11
INFORMAL ASSESSMENT, REMEDIATION	ASSESSMENT FOR LEARN Instructions/Corrections understanding, and guid Focus on targeted learn Can learners link areas scenarios/situations high	provided during practical le improvement ing – where are your lead across content and topic	rners now – where do yo	u need to get them eal-life	teaching/ remedia Identifying learne Additional classes	ork regularly in learner tation rs with learning barriers s after school to provide App group to send impo	 Technique: Application of safe dance practices posture, stance and alignment, spotting, safe landing etc. Levels of fitness components developed Musical awareness Focus and determination and improvement froterm 1 				
SBA FORMAL ASSESSMENT	TASK 2: Written test = 80 marks (mi requirements) Practical test = 80 marks (n requirements)		PRACTICAL PROCESS Improvisation & e Collaboration & c Critical thinking & term 3	S COULD INCLUDE: 25 experimentation with the communication in class -	learner BRIEF peers cting ideas for product in	 WRITTEN PROCES Investigation a Experimenting Reflection on in 	6 revised chapter 4 6S COULD INCLUDE nd research into BRIE with dance elements mprovisation and mov mmunication skills/dig	ement vocabulary (group	& self)	UNSEEN IMPROVISATI Learners can perform a Ability to interpret Responds to unse Ability to match m music/accompanir Shows some awar	alone or in groups: a stimulus en music/accompaniment ovements to

2023/24 ANNUAL TEACHING PLANS: DANCE STUDIES: GRADE 10 (TERM 3)

TERM 3	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	WEEK 11			
REVISED CAPS	Orientation	Eight weeks	of teaching and	learning NOT	E: Teachers are	required to cre	ate a detailed weekly	/ planner suitabl	e for their	Two weeks for assessmen	t			
CHAPTER 4 • CONTENT • CONCEPTS • SKILLS & COMPETENCIES • VALUES & ATTITUDES	Feedback on term 2 tests Action plan developed for gaps in content coverage and work not completed by learners Recap of the PAT BRIEF and marking guideline Process in term 2 Product in term 3 OTHER AREAS TO INCLUDE: Make allowance for different learning styles namely: Visual, auditory, reading and writing, kinaesthetic learning https://www.teachinghouse.com/post/the-4-types-of-learning-styles-and-how-you-can-support-them	Consolidation of Exercises/F Technique a complexity Principles o the class Performanc detail Start teach inclusion in Namastep, TOPIC 2: CHOR	term 1 & 2 classw loor work to furthe and safe dance pra- didance major furth e skills developed ing the South Afraterm 4 final paper Volkspele, Gumbo EOGRAPHY RODUCT Guided	ASS AND INTEG ork, plus increased r develop compone actice applied in all ner developed to sl to include: Musica rican popular indi 2 examination, e.g oot, etc. activities accordi	I focus on the follo ents of fitness I areas at a Grade how application in lity, projection, atte genous group da J., Pantsula, Amap	all areas of ention to ince for june,	THEORY AREAS: Le only after experienci class Defining principle Reflection on ow Opinion on what Reflection on Sor WRITTEN COMPONE Learners to write abe experiencing/ discus	ng/discussing in the soft dance major in development are performance skill with African indige	n the practical learnt in class nd progress s/quality is nous dance learnt	RESEARCH TASK = 50 MARKS (minimum requirement) CURRENT SOUTH AFRICAN DANCE COMPANIES AND/OR ARTIS' the prescribed list) The research task MUST be taught and guided during school hour NOT be given to learners to complete as a homework project The purpose of this task is to: Develop investigative skills and critical analysis Selection of information from a variety of reliable sources Language and presentation skills Referencing ability DEVELOP A LEARNER BRIEF, outlining the process & final produces What research is and how to start a research project				
		PRACTICAL CO Interpretation Dance elem Creativity in Selection of Presentation presentation TOPIC 3: DANC Brief history Analysis of	mPONENT = 25 m n/conceptualisation ents and choreogous the development music/accompanion of the final dance is, use of convention E HISTORY AND of dance major the choreographer	on of theme/intent/inte	bulary to interpret ration of technology, victorial spaces, etc.	e BRIEF g & ending the BRIEF deo	Designing a post related to own che performance: This copy or online us Final presentation This could be president, online do etc. their contribution to the performance: This could be president and the presentation of the performance of the perfo	er/flyer for a dance loreography or grass could be present ing technology avant on the process esented in the jour locufilm, video diar	ce production ade nted in hard vailable and product: rnal or an online ry, PowerPoint,	choreographers themselves do commences - the choreographic Producing a completed research It is recommended that suitable choi companies and/or artists are provide Relevant to provincial/cultural/d Reliable internet sites to assist I Create a marking rubric outlining wh presentations. Learners should receives a companies and companies and companies and companies and companies and companies and companies are provided to companies and companies and companies and companies are companies and companies are companies and companies and companies are companies and companies and companies are companies and companies and companies and companies are companies and companies are companies and companies are companies and companies and companies and companies and companies and companies are companies and	search task with referencing/no plagiarism c choices for current South African dance rovided for learners to choose from that are: cural/dance major requirements with ssist learners in getting started ng what is to be expected for low/medium/high receive the marking rubric at the start of the evised chapter 4 COULD BE INCLUDED IN THE RESEARCH			
REQUISITE PRE- KNOWLEDGE	 Application of code of conduct Demonstrating technical class requirement Understanding of improvisation requirement PAT process requirements completed = 6 Understanding of topic 3 content requirement 	ents 60 marks (term 2)	 life contexts. Tea from term 2, plu Values: Tru Skills: Prob Characteris Allow learned diary, writte 	rners should be intrachers should adapus address the foliast, commitment, ar lem solving, critica and attitudes: ers a choice in deven/typed, etc.	ot content to real-li llowing areas: nd respect I thinking, ability to Working positively reloping their PAT-	•				Selection of a suitable artist/con Using multiple sources from a v Extracting relevant information Interpret information in own wor Correct referencing information Final research presentation = 10 or 1 Oral/video/PowerPoint/written, s Use of language, writing/oral/decological flow of information	npany (not from prescribed list) ariety of sites, books, etc. (editing/mind mapping, etc.) rds for presentation 5 marks (minimum) story book/poster, etc.			
RESOURCES TO ENHANCE LEARNING	As in for term 1 and 2, plus: Selection of music to assist learners in the Venue for PAT performances – conventio Computers/cell phones/school internet ac	nal/non-convention	•	etc.	Books, prRefer to t					EVALUATION TASK = 50 MARKS This is not a practical test, but a teacher evaluation of each learner's at values & skills learnt in term 1, 2 and 3. Refer to the CAPS revised cha for guidance on what is to be assessed & how marks will be awarded. (a marking rubric at the start of term. Assessment criteria should be communicated with learners at the start of the term as it is an essential their development				

TERM 3	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	WEEK 11
INFORMAL ASSESSMENT, REMEDIATION	ASSESSMENT FOR LEARNING Instructions/corrections provided during provided of the second of		 Identifying & solving problems: F Making decisions using critical & Development & improvement during 	e space ual & with others as members of a team PAT and research & creative thinking ring the term							
SBA FORMAL ASSESSMENT & PAT	TASK 3: Research task = 50 marks (minimum require Evaluation task on each learner = 50 marks (requirement)	•	PRACTICAL F Complete Creative Use of da Use/choi	•	learner brief	WRITTE Pro elei Ref cou mu: Fina be p	EAPS Revised Characteristics of the Capture Color of the Capture Color of the Capture	JLD INCLUDE: 25 - poster/flyer to i coduct: Written or ess, weakness, im nt, etc. he process and pr urnal or an online j	r oral, which aprovisation,	Commitment: Attendance during	school & after school/additional lessons

2023/24 ANNUAL TEACHING PLANS: DANCE STUDIES: GRADE 10 (TERM 4)

TERM 4	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10		
REVISED CAPS	Orientation	Five weeks of teaching a	and learning NOTE: te	eachers are required to cre	eate a detailed weekly plann	er suitable for their school	Four weeks for assessment					
CHAPTER 4 • CONTENT • CONCEPTS • SKILLS & COMPETENCIES • VALUES & ATTITUDES	Feedback on term 3 research & evaluation tasks Strategies for written exam readiness could include: Explaining cognitive levels How to interpret questions/how much to write Identifying action verbs Consolidation & action plan developed for gaps in content coverage and work not completed by learners in terms 1-3 OTHER AREAS TO INCLUDE: Make allowance for different learning styles namely: Visual, auditory, reading and writing, kinaesthetic learning https://www.teachinghouse.com/post/t he-4-types-of-learning-styles-and-how-you-can-support-them	TOPIC 1: PRACTICAL DA Consolidation of term 1-3 of Recall of full technical combinations of steps Components of fitness Demonstration of prince Technique: Safe dance spotting, safe landings Performance skills/quac commitment Cool down: Safe stretce Completion of South for presentation in the beginning, ending, tim patterning, musical aw TOPIC 2: IMPROVISATION Improvisation activities to in Building eye contact, so Combining dance eler etc. Exploration of contras Exploration of natural In preparation for final pr Improvising to a wide Developing decision-ne Developing confidence TOPIC 3: DANCE HISTOR	ANCE CLASS AND INTE class work, plus: I class for final paper 2, es with variations in directions developed in all areas ciples, characteristics, styles practice (correct postures, correct use of turn out, ality: Musical awareness, exching techniques and African indigenous graph and paper 2 practical examinating & spatial awareness wareness Nonclude: spatial awareness, exploration ments: e.g., varying temposting movements: e.g., strongestures/stylised movem ractical examination, incoming a spatial skills: e.g., how to be to be creative/use own and history ound formers as	companiment interpret a stimulus movement vocabulary	THEORY AREAS: Learner only after experiencing/oclass Principles of dance moclass Reflection on South Alearnt Revision of all writtens THEORY AREAS: Learner only after experiencing/oclass Working with others Combining dance elee Describing natural gee Self-reflection on the improvisation, what he and product Revision of all writtens Reviewing the dance Simple analysis of the choreographer Completing the gloss	ers to write about each area discussing in the practical rajor used in the dance african indigenous dance content terms 1-3 ers to write about each area discussing in the practical ments estures/stylised movement purpose/value of as been learnt, PAT process content terms 1-3 work studied in term 2: e work, music & ary of specific terminology on topics 1-3 in terms 1-4	FINAL EXAMINATION WRITTEN EXAMINATION Set an examination 4, skills, competer The exam should in the marking guide CAPS revised chall Low marks = 30% Medium marks = 4 High marks = 30% The marking guide learners' own interest ow	ONS - TASK 5: ATION = 100 MARKS In paper & marking guincies, attitudes & value include 2 sections eline must show the bipter 4 namely: In recall of content 10% - explaining/description and the eline must reflect the eline must r	expected answers as wanswers. dance major ection on what has been activity, working with or activity.	levels required in wn opinions, etc. ell as allow for ure, stance & en learnt in the thers, own reflection, st/company learnt at a time. Develop a attitudes & values to sed chapter 4		
REQUISITE PRE- KNOWLEDGE	 Understanding of technique: Safe dance Developed levels of components of fitne Understanding of principles, characteris Knowledge of popular South African ind Confident approach to improvisation Completion of topic 3 theory 	e practice ess tics, style of dance major igenous dance	At this level, I FET period to scenarios/situ the following Values: S Skills: Pe	cy FRAMEWORK: earners should be introduced apply in real-life contexts. It is uations for relevancy. This signareas: Self-development/learning, restrormance quality, creativity ristics and attitudes: Punctural	, composition ality, perseverance, working p	nt to real-life rom term 3, plus address positively	SOUTH AFRICAN Completed 1- Be Us Ba Pe UNSEEN IMPROVI Teachers to p learners to:	group, commitment one or in groups)				
RESOURCES TO ENHANCE LEARNING	 Video/DVD of the dance work studied in t Marking rubric for practical examinations 		rs	content of the exa	es for written examination – co amination to be mediated with al work for learners via Whats	learners	 Interpret and respond in movement Interpret music/accompaniment with sensitivity Use own movements and imagination with creativity & confidence 					

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TERM 4	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10
INFORMAL	ASSESSMENT FOR LEARNING									
ASSESSMENT, REMEDIATION	 Instructions/corrections provided during p 	ractical & improvisation cla								
KLINILDIATION	 Focus on targeted learning – where are y 									
	Can learners link areas across content –	high learning skills incorpo								
	Marking written work in learner task books	s to evaluate gaps in curric								
	 Additional classes after to school to provide 	de additional time for the to	pics as needed/work not co	ompleted by learners						
FINAL	TASK 5:									
END OF YEAR	Written examination = 100 marks									
EXAMINATION	Practical examination = 100 marks									