

MARKS: 100

TIME: 2½ hours

This question paper consists of 9 pages

LIFE ORIENTATION

COMMON ASSESSMENT TASK

GRADE 12

September 2025



INSTRUCTIONS AND INFORMATION

1. This question paper consists of THREE sections: SECTION A, SECTION B, and SECTION C.
 2. SECTION A and SECTION B are COMPULSORY.
 3. Choose and answer ANY TWO questions from SECTION C.
 4. Read all questions carefully.
 5. Number your answers exactly as they appear on the question paper.
 6. Write neatly and clearly.
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SECTION A (COMPULSORY)

Answer ALL the questions in this section.

QUESTION 1

1.1 Multiple Choice

Choose the correct answer and write only the letter (A–D) next to the number.

1.1.1 The primary purpose of the NBT is to ...

- A. place students in available courses at tertiary level
- B. test personality types for specific career paths
- C. measure academic readiness and place learners correctly
- D. qualify students for bursaries and grants

1.1.2 An example of occupational fraud is ...

- A. bribing an official to get a contract
- B. using someone else's ID for financial gain
- C. stealing the company's funds without authorisation
- D. forcing employees to work unpaid overtime

1.1.3 Health-related components of fitness include ...

- A. Flexibility, cardiovascular fitness and body composition
- B. Balance, agility and speed
- C. Muscular power, reaction time and coordination
- D. Stamina, reflex and mental alertness

1.1.4 The main goal of evaluating an intervention is to ...

- A. reward participants who contributed
- B. reflect on the success and identify improvements
- C. prepare marketing for future initiatives
- D. confirm the budget was used correctly

1.1.5 The Employment Equity Act (1998) aims to ...

- A. protect young workers under age 16

- B. create fair workplace opportunities regardless of race, gender or disability
- C. give unions the right to ban employment during strikes
- D. promote unpaid internships in companies

(5 x 1)

(5)

1.2 Terminology

Give ONE word or term for each description:

1.2.1 A heat-related condition that can result from not drinking enough water during exercise

1.2.2 A person who is naturally skilled in using digital devices and systems

1.2.3 The ability to stay upright and controlled while performing movements

(3 x 1)

(3)

1.3 Short Responses

1.3.1 List TWO examples of unfair gender treatment in the workplace. (2 x 1)

1.3.2 Briefly explain how smoking can change your physical appearance. (1 x 2)

1.3.3 Suggest TWO reasons why municipalities should regularly review their local laws. (2 x 1)

1.3.4 Why is it important to set health goals that are realistic? (1 x 2)

(8)

1.4 Scenario – Entrepreneurship

Sipho left his job in construction to start a bicycle delivery business. He was inspired by the rise of online food orders. At first, he struggled to make a profit but kept adapting his business model.

1.4.1 Why is it important for entrepreneurs like Sipho to be willing to take risks? (1 x 2)

1.4.2 Recommend ONE way Sipho can test whether his new delivery area will be profitable.

Motivate your answer. (1 x 2)

(4)

TOTAL SECTION A: 20

SECTION B (COMPULSORY)

Answer ALL questions in this section. Write your answers in full sentences.

QUESTION 2: COMMUNICATION AND PERSONALITY

Sibongile, a high school learner, struggles to open up to her friends after moving to a new town. She often avoids conversations and fears conflict. Her Life Orientation teacher encourages her to explore how personality and emotional health affect how we connect with others.

- 2.1 Define the term *personality*. (1 x 2)
- 2.2 State TWO early influences that could help a child build a strong personality. (2 x 1)
- 2.3 Explain how having a negative attitude could damage your relationships. (1 x 2)
- 2.4 Discuss why avoiding conflict can be harmful in long-term relationships. (2 x 2)
- 2.5 Why is compromising not always the best solution when resolving disagreements? (2 x 2)
- 2.6 Suggest TWO ways to improve how you cope with relationship changes, and explain how each can help you adjust. (2 x 3)

[20]

QUESTION 3: EXAM SKILLS AND ANXIETY

Lebo is well-prepared for his History exam, but he often panics when he sees the exam paper. He knows the content but struggles to organise his thoughts quickly and forgets time management.

- 3.1 Define the term *study skills*. (1 x 2)
- 3.2 Differentiate between the terms *explain* and *evaluate* as used in exam instructions. (1 x 2)
- 3.3 Give ONE reason why planning your answers during an exam is helpful. (1 x 2)
- 3.4 List TWO techniques Lebo can use to stay calm during the exam. (2 x 2)
- 3.5 Explain how effective time management could improve Lebo's performance. (2 x 2)
- 3.6 Provide TWO ways Lebo could adjust his reading strategies during the exam. For each, explain how this will help him score better. (2 x 3)

[20]

TOTAL SECTION B: 40

SECTION C

Answer ANY TWO questions from this section. Write full sentences and paragraphs.

QUESTION 4: CRISES AND DISEASES

A new outbreak of avian flu affected poultry workers across provinces. Many were unaware of early symptoms and delayed seeking help. Misinformation on social media worsened the crisis, causing panic and economic strain in farming communities.

Write a response using the following as a guide:

- FOUR benefits of early disease detection (4 x 1)
- Analyse how misinformation about diseases harms public health (2 x 4)
- Evaluate how this health crisis affects employment and job trends (2 x 4)

[20]

QUESTION 5: MEDIA AND INFORMATION ACCESS

Rural schools in Limpopo are unable to stream educational videos because of poor internet. Some learners only access news through loudspeakers or local churches. At the same time, hate speech online has led to increased bullying and public unrest.

Write a response using the following as a guide:

- FOUR ways media can reach all communities (4 x 1)
- Analyse how restricting media content can protect the public (2 x 4)
- Critically discuss how the digital divide worsens inequalities for poorer communities (2 x 4)

[20]

QUESTION 6: WORK AND PURPOSE

Andile works as a cashier but dreams of becoming a fashion designer. He often feels unmotivated at work, which affects how he treats customers. He realises he needs to connect better with his job while working towards his goals.

Write a response using the following as a guide:

- FOUR ways that work can bring purpose (4 x 1)
- Analyse the importance of ethical behaviour in the workplace (2 x 4)
- Critically discuss how knowing your personal values helps you find meaning in your job (2 x 4)

[20]

TOTAL SECTION C: 40

GRAND TOTAL: 100

Let me know if you would like a printable PDF version or a version with a memo.